

James L. Carrell LCSW TX# 57557 LCDC TX# 12115

To Whom It May Concern:

My name is James Carrell, and I am a Licensed Clinical Social Worker (LCSW) and a Licensed Chemical Dependency Counselor (LCDC). I have an independent clinical practice in Dallas, Texas and have been a therapist for 10 years. During this time, I have developed an extensive working history as a Therapist, Case Manager, Sober Coach, and facilitator of a variety of Interventions in the chemical dependency/mental health treatment industry. I have conducted over 300 Substance Abuse Evaluations (SAE) and Mental Health Evaluations (MHE) with the appropriate documentation to satisfy judicial system requirements, administered hundreds of SAE screening assessments, prepared treatment and discharge plans, and developed relapse prevention strategies for a diverse group of clients. I have extensive experience in facilitating group and individual therapy sessions while encouraging clients to successfully network into their respective recovery support communities. Not only have I experienced 19 years of continuous sobriety, I have years of practical experience with the struggles and hardships during active addiction. I have been an active member in good standing of Alcoholics Anonymous for almost two decades and have established a nationwide recovery network. One of my gifts is a fine-tuned set of interpersonal and communication skills. These skills have enabled me to interact with many types of personalities, as well as, equipped me with listening skills that allow me to connect with clients on a level where they feel comfortable exercising vulnerability and confident with the therapeutic process.

I would like the opportunity to meet with you and discuss how my expertise, skills, and experiences can best assist you and the client populations you serve.

Best Regards,

James Carrell LCSW, LCDC

REFERENCES

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